

## ***Over-excitement***

Particularly when travelling; animals being overexcited can be distracting and very noisy. This does not make for a peaceful or relaxing journey.

***Coffea*** for unusual activity of body and mind. The animal is over-stimulated by pleasurable events, great nervous agitation and restlessness. Also sleeplessness from over-excitement.



***Ignatia*** for animals who are sensitive and easily excited. They become alert, nervous, and apprehensive and tremble. Good for animals travelling to new owners, or animals whose offspring are leaving them. Any stress or grief situation in animals.. Sighing and crying is common behaviour.

***Tarentula***- Extreme restlessness; must keep in constant motion. Over-sensitive to all stimuli; everything excites them and they can't stay still. They can become destructive if left alone.

### **Rescue Remedy**

Will often help an animal be calm and less excited when travelling. It can be given every 10 – 30 minutes during the journey or as necessary.

A foot note:

The remedies listed above are not a definitive list; rather a small sample from a wide range of remedies available.