



## HERBAL AND HOMEOPATHIC ALTERNATIVES FOR ANIMALS

### Fleas

These products and ideas are suggestions only; they will work for some pets and not for others. Keeping our pets healthy will help them to be less affected by parasites.

**Homeopathic remedies** – available in liquid, sprays, and tablets.

- Cat and Dog Flea/flea plus flea antigen 30c – good if the animal is allergic to fleas (use twice daily as needed)
- Pulex Irritans 30c (as above, use twice daily).
- Caladium – for extreme itchiness 30c twice daily
- Staphysagria 6x – taken orally, or sprayed through the coat, or, put in water and the flea comb dipped in it between each stroke of the comb.
- Ledum 30c for puncture wounds and bites of all kinds
- Hypericum 30c or lotion to bathe wounds which are puncture wounds or painful wounds.
- Insect bites and Bee stings, - Apis Mellifica 30c, up to six doses at 15 min intervals and veterinary assistance.
- Mosquito and sand fly 30c twice daily
- Apis 30c twice daily for bright red bites
- Rhus Tox 30c, for bites that form vesicles on top.

### DIET

- Brewer's Yeast or Garlic added to food to reduce parasites and increase good health.
- Shredded Coconut on dog or cat food helps to deter worms.
- Grated carrot on the animal's food helps to deter worms.
- 1 tsp. apple cider vinegar to water supply – help prevent arthritis, and digestive upsets, and as a general tonic.
- Flee Flea a dietary supplement from your pet food supplier or Hibiscus Enterprises, 10 Royalty Ave, Red Beach, (09) 426 7440
- Garlic added to your pet's food (caution with cats)
- Omega oils for general health
- Salmon oil from Kopuku Imports (07) 826 7636
- Homeobotanical - Hb Y/promr

### OILS

The use of essential oils in the care and cleaning of our animals is acceptable provided we do not overuse the oils. Dogs in particular have acutely sensitive noses, and we need to use less drops so they are not adversely affected by the scent.

- Eucalyptus/rosemary /fennel oils 1 – 2 drops in a bowl of water, combed through hair, will help prevent parasites and help give a shiny coat.

- Eucalyptus wool wash or oil added to wash of animals bedding.
- Disinfectants – see Hygiene section.
- Malcolm Harker Flea lotion (penny royal, pine, mallow, sea gel, and plantain) suitable for dogs, cats guinea pigs, ferrets, rats pigs sheep and goats.  
<http://www.boschpet.co.nz/Products.aspx?Region=1&CatID=6&Name=Flea%20Control%20&%20Worming>

Critter Oil (lotion, spray, shampoo, carpet powder. –(pennyroyal, eucalyptus, cedarwood, sage ) [www.shop.robbinspetcare.com](http://www.shop.robbinspetcare.com).

Flea spritzer from Kopuku Imports (07) 826 7636 a blend of aromatherapy oils in almond oil.

## HYGIENE

- Clean the yard daily. Dog runs daily, and cat litter boxes daily. Wash dog runs and cat litter pans with boiling water. This reduces the incidence of infection and re-infestations with parasites.
- Bedding – can be washed with eucalyptus wool mix, and hung out to dry in the sun.
- Grooming cats and dogs daily with a lemon lotion, on the comb, to get rid of skin parasites. (Soak six lemon skins in a liter of water and add the juice of two lemons) comb through the animals coat.
- Water – a fresh supply of clean cool water is important to our animals, change their water supply daily. Outside buckets and troughs can be scrubbed with a stiff brush and rinsed well before refilling.
- Disinfectants - ½ cup of household bleach to 10L of water – rinse well after using. Essential oils of Tee Tree 3 drops, Lavender Oil 3 drops, Patchouli Oil 3 drops in 90ml of water and sprayed over the area. Or the same drops put into 10L of water to clean kennels etc. Rinse well afterward. CAUTION – rinsing is important, our pets will be walking over the area just cleaned, any traces of bleach or oils may have an adverse effect on their skin etc.
- Neem oil soap for bathing.
- 

- **Topical and OTHER**

- Remember fleas live in the ground and our flooring, don't forget to treat not only the animals bedding but your living quarters as well. Twice weekly vacuuming helps.
- Flea powder made from chopped eucalyptus, rosemary, fennel, yellow dock leaves, wormwood and rue. Chopped in the kitchen whiz and blended into baking soda or talcum powder. Rub through the pet's coat sparingly.
- Calendula cream – for cuts, abrasions, rashes, wounds/ cracked skin of any type apply two to three times a day.
- .Ruddock's Earthly Extracts – spray
- Four foot herbals Fleez spray
- Seaweed skin spray for itchy or irritated skin by Ocean Organics.
- Rinse coat 2 cups fresh rosemary in 2ltr boiling water, steep 30 minutes, and drain add to 1 gallon of water and use as a final rinse on the dog's coat.
- Petworks, Dog flea solution, [www.petworks.co.nz](http://www.petworks.co.nz)
- Bach flowers Crab Apple and Topically and internally
- Life Stream Aloe Vera gel to soothe itchy bites.
- Shampoo. 250ml of your favorite shampoo, 50ml coconut milk, 50ml apple cider vinegar, 1 tablespoon fresh lemon juice, 5ml, witch hazel, 1 tsp Avon Skin so soft

for flea repellent. 100ml Aloe Vera Juice. Mix and use as needed. Apply to pet let it soak in for 15 minutes and then rinse off. (good luck!)

## **WORMS**

- Cina 30c – is a remedy suitable to void worms in a healthy animal.
- RX 56 from Reckenweg
- Nat Phos 6x as prevention twice daily for 14 days. 1 – 3 times daily.
- Calc Carb 200c one a week for four weeks.
- Homeopathic, Chenopodium 6x, Filix Max 3x, Granatum 6x combination twice daily for 14 days.
- Roundworm (cats) Abrotanum 12x for 10 days followed by one of Calc Carb 30c given once a week for two weeks.

### **Diet**

Add to your pet's diet

Sunflower seeds

Carrot,

Cocoanut (long fiber)

Garlic

Bran

Fresh pumpkin seed

Papaya

Tape worms to expel: 2 cups mashed pumpkin, ½ cup wheat germ, ¼ cup black strap molasses, once daily for two days. Big dogs give ¾ cup Small dogs. Give 1 – 2 table spoons Small dogs. Give 1 – 2 table spoons s

### **Herbs**

NZ Herbals Wormwood blend

Malcolm Harker Pet wormer

### **Hygiene**

Remove all feces from the sleeping and exercise area at least once daily.

Dispose of in a way that the animal cannot come into contact with the feces again.

Keep bedding, bowls and environment clean and fresh.

If there are worms in the animal's stool make sure the feces are burnt if possible.

Discourage examination of other animals droppings when walking your animal.

### **Other**

Homeobotanical - Hb Worm & Filix Mas

## **A FINAL WORD**

**None of the above advice takes the place of qualified veterinary treatment, if your pet does not respond to treatment promptly, contact your veterinary surgeon.**