



Acute Ear complaints in children and adults

Signs of a healthy ear what to look for – pink, healthy flesh, no discharges Or over abundance of wax

Ear drum - a silvery moon at the end of the ear canal. Your doctor or doctor's nurse will be able to confirm this for you.

Signs of acute Otitis externa and media.

Redness, heat, swelling, discharge (sometimes), pain in varying amounts, Usually sharp piercing pain enough to make the child or adult upset.

Ear drum, bulging, bubbling, injected, redness of or around ear drum, .

Child – cries or screams , may pull at ear, or bore the ear with fingers.

Remedies

Howlers – and screamers- waking the parents

Belladonna

Sudden onset of pulsing, unbearable pain. Right sided ear infection.

Worse 3am, Child screams with pain. They are made worse by drafts, noise, lying down, and being bumped. They are better for being wrapped up warmly.

External ear often red.

Often high fever, with red face, glassy glistening eyes and dilated pupils

Hot flushed face but cold hands and feet.

Chamomilla

Exquisitely painful Otitis, with the child being very sensitive to pain

They are worse touching the ear and hate to be examined or touched

Worse 9-10pm or 9 – 10am also worse in the cold air, wind

They are better being carried, and for being wrapped up warmly.

One cheek will often be hot and red, and one pale and cold

They are Inclined to arch backward with the discomfort of the ear ache.

Screaming, unbearably irritable and demanding child which nothing pleases.

Hepar Sulph

Splinter sensation in the ear often with a sore throat.

Worse late at night, or in the cold or open air.

Better for warm and wrapping the ear.(e.g. wears a hat or scarf)

Patient is very sensitive to pain, and screams with pain, Hates to be examined or touched. Needs to be covered and even uncovering a hand or foot makes them worse. Any discharge will smell of mouldy cheese.

Lachesis

Severe left sided Otitis. Excruciating pains and screaming esp. At night
Pain throbs with the pulse. Discharge sometimes bloody.

Very painful and aggressive types of Otitis.

Worse at night, heat, swallowing, touch. And lying on the left side.

Better boring the ear with a finger, cold, or open air and sitting up. They are intense, jealous and loquacious.

Acute Otitis

Pulsatilla

The ear is red hot painful and swollen.

Darting ear pains, worse at night.

The patient is thirstless with the fever, doesn't want to drink or drinks very little.

A profuse thick yellow green discharge from the ears or nose

Changeable symptoms – it can be hard to work out what's going on.

The child is weepy and clingy and needs cuddles and carrying.

Mercurius

Acute and recurrent Otitis with a discharge.

Colds followed by earaches

Sore throat with ear ache

Yellow green offensive discharges from the ears.

There is inflammation of external ear canal.

They are worse at night, in damp weather, they feel worse for the heat of their bed, and also from swallowing.

They are better for cold applications (cold cloth on ear or face)

Patient is sweaty has excess saliva to normal and bad breath.

Silica

Main remedy for serious Otitis media

Ear drains and ruptures, pain is better when drum ruptures

Stopped up ears or popping noises in the ear.

The pain makes the child bore at his ears in his sleep

Cheesy smelling discharge, thick purulent discharge (greeny grey)

They are worse at night, for a change of weather, much worse for getting **cold, or uncovering the ear**,. They are also worse from the **Wind**.

They are better for external heat and covering the ears

They are oftenslender children who lack stamina.

Calc Carb

Every cold leads to an ear infection

Worse cold weather and changes of weather, sneezing or swallowing.

Calc Carb children are warm blooded

Stubborn and methodical, but insecure away from home.

Lycopodium

Otitis and glue ear

Right sided infection goes to left ear

They are worse 4 – 8pm, or in cold or open air or, wind. They are worse for swallowing

They are made better by warm applications anywhere on the body.

Anxious, desires company near by.

Medorrhinum

Left sided Otitis

Chronic glue ear and hearing loss

Frequent colds and infections. even from birth

Excitable, restless, hyperactive kids..

Sulphur

Left sided Otitis.

Painful stopped ears,

Otitis after antibiotics often with hearing loss

Worse at night in bed, loud noises, eating and blowing the nose,

External ears are often bright red

Worse from heat

Stubborn must be the centre of attention.

Right-sided Rx

Merc, Merc-Iod-flav, Bell. Lyc, Nit Ac

Left-sided Rx

Merc-Iod-Rub- Lach, Med, Kali Bic,

Earache with discharge

Ars alb, thin offensive, acrid discharge.

Belladonna thin burning discharge with deliriums

Chamomilla, discharge of mucous and pus

Calc Carb, discharge of mucous and pus

Ferrum Phos, discharge of mucous and pus (sometimes bloody))

Hepar Sulph smelly discharge, old cheese, boils in ear canal

Kali Bich, thick yellow stringy discharge

Psorinum – discharge smells of rotten meat

Pulsatilla discharge, thick yellow green, bland.

Silica, smelly discharge

Tellurium – thin acrid, offensive discharge.

Earache without Discharge

Aconite, external ear is red and hot. Sudden onset.

Compiled by Joan Goddard 2003

References

Desktop companion by Morrison, the family health guide to homeopathy by Dr Barry Rose, and others.

Apis externa ear red and sore
Gelsemium – tonsils swollen
Mag Phos – severe neuralgic pain
Phytolacca – shooting pain radiating from the throat on swallowing.
Plantago, toothache and earache together.



Complications, Ruptured ear drum, Mastoiditis, Meningitis,
Danger signs, - constant rising fever, signs of debility or toxicity. Baby refusing to nurse or becoming torpid.

Any doubt call the doctor.



Other methods

Topical heat or cold (hottie or ice pack)
Pain relief, Pamol, or what ever is prescribed by the doctor/chemist.

Bottle fed babies, feed propped up never lying down.

Caution not for eardrums that have ruptured or have grommets.

External application into the ear.

Mullen oil,

Olive oil

Garlic oil

Weleda Levisticum Comp, ear drops.